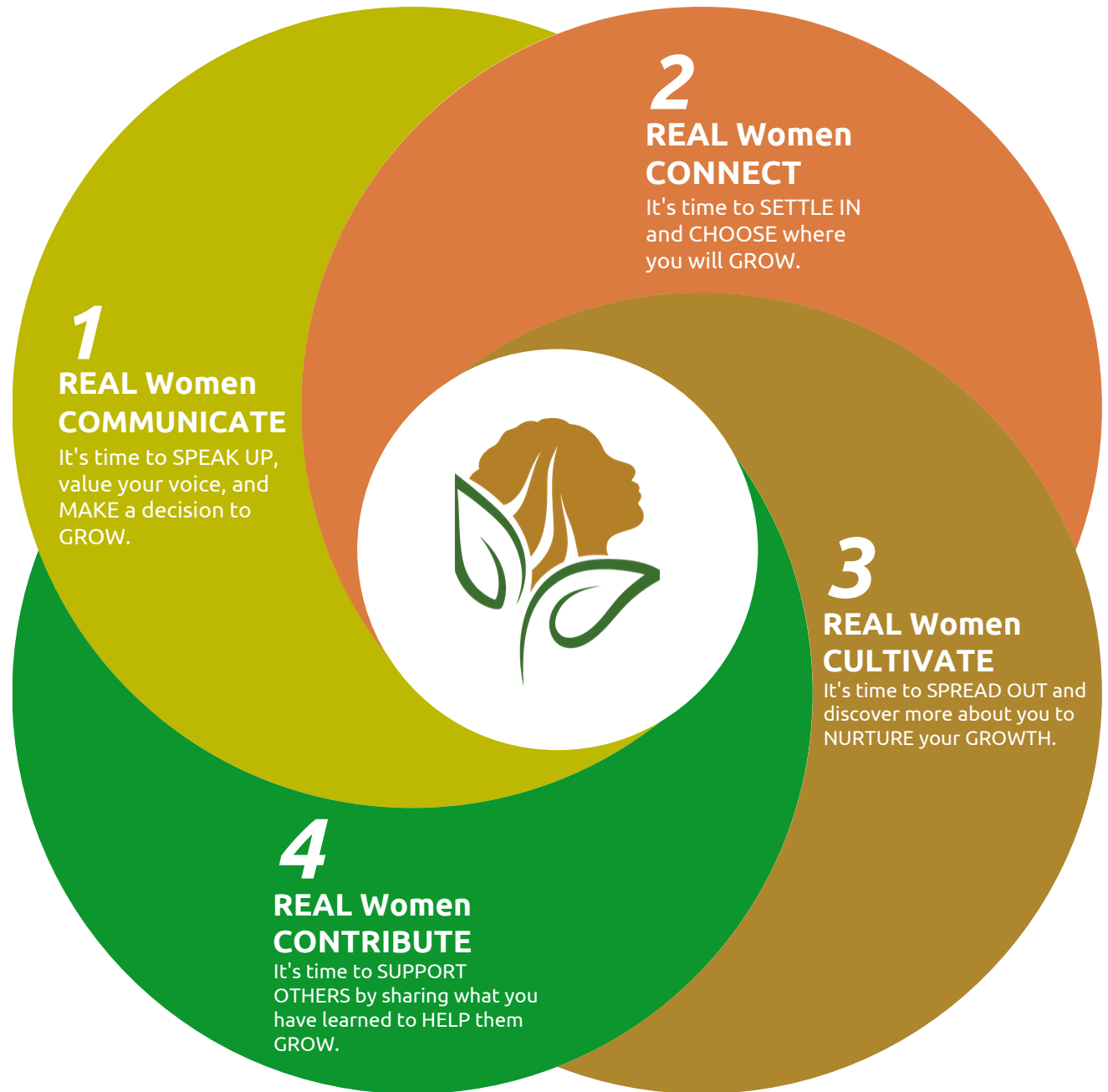




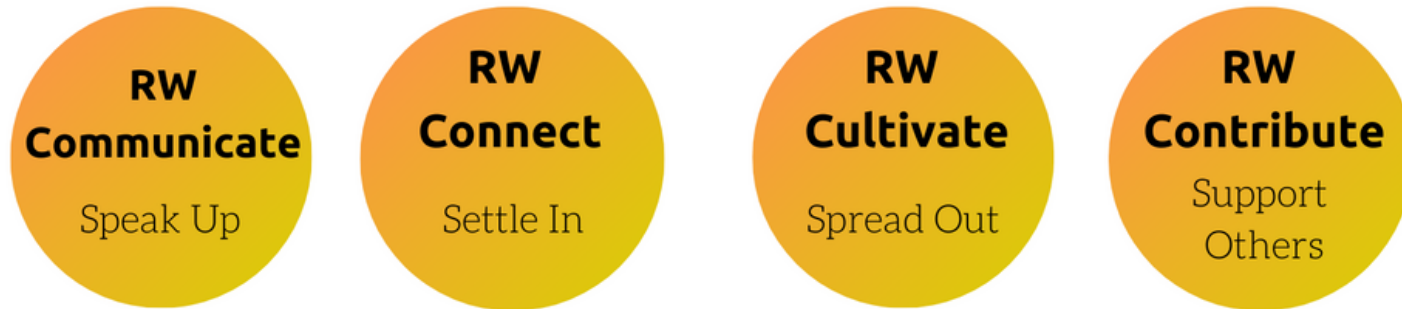
## ***REAL Women Growth Circle***

The REAL Women Growth Circle is the guide provided to women who join REAL Women's ALL Access Membership Community. We are so committed to the personal growth of each member that we have developed an entire online curriculum that will walk members through a growth cycle that is certain to positively transform their lives and the lives of those around them. To become a member or to get more information, visit <http://rwpdi.teachable.com>





# Pillars & Characteristics



## Milestones



\*I can verbalize who I am, what I want, and what no longer serves me.  
\*I can speak up and articulate my decision to grow.

\*I get together with other women to share in an exchange of vulnerable thoughts & feelings.  
\*I have settled into a community where I can grow and stay connected.

\*I can articulate new things I am learning about myself.  
\*I have spread out to begin pursuing new desires based on what I am learning.

\*I can share my story & lessons learned with other women.  
\*I can support others by being non-judgmental and compassionate.



## Action Steps



- DECIDE TO GROW!
- Complete all course modules in RWPDI
- Complete Your SPEAK UP Action Sheet

- CHOOSE WHERE YOU WILL GROW!
- Complete all course modules in RWPDI
- Complete Your SETTLE IN Action Sheet

- NUTURE YOUR GROWTH!
- Complete all course modules in RWPDI
- Complete Your SPREAD OUT Action Sheet

- HELP OTHERS GROW!
- Complete all course modules in RWPDI
- Complete Your SUPPORT OTHERS Action Sheet